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PILOT TRAINING PROGRAM

RECORD OF PROGRESS

NAME

ALL DEFINITIONS AND DESCRIPTIONS ARE AT [TRAINING.GLIDING.CO.NZ](https://training.gliding.co.nz)

1. SOLO PILOT

Name

Self-Preparation

Logbook and Training Record
Airfield and Safety Rules
Glider Familiarisation
Ground Handling + Retrieving
Launch Point Procedures
Human Factors 1: I'M SAFE
Join a Club Roster

Self-Prepared	Reviewed	Date	Completed	Date

Aircraft Handling

Taking Control / Handing Back Control
Effects of Controls (All)
Cockpit Check Lists
Lookout, Habit of Active Scanning
Straight Flight, Use of Trimmer
Coordinated 90° Turn, 30° Bank

Self-Prepared	Reviewed	Date	Completed	Date

Circuit and Landing

Circuit - Standard Pattern
Circuit - Steady Speed (Target ± 5 kts)
Approach Control, Aimimg Point
Roundout and Smooth Touchdown
Circuit Too Close In / Cramped
Circuit Too Far Out
Circuit Started Too High
Running Out of Height in Circuit
No-Instrument Flight and Landing
Balked Approach
Balloon / Bounce Recovery

Self-Prepared	Reviewed	Date	Completed	Date

Minimum Speed, Unusual Attitude

Basic Stall Recognition, Wings Level
Effect of Turning + Brakes on Stall Speed
Safe Speed Near the Ground
Wing Drop Stall and Recovery
Demonstration of a 1-Turn Spin
Spiral Dive vs Spin

Self-Prepared	Reviewed	Date	Completed	Date

Launch (one method required for solo)

Competent at Aerotow Launch
Launch Signals - Aerotow
Launch Failure Exercises - Aerotow
Competent at Winch Launch
Launch Signals - Winch
Launch Failure Exercises - Winch

Self-Prepared	Reviewed	Date	Completed	Date

Almost There

Demo Crosswind Launch/Land
Medical Declaration
10 Oral Questions Answered
First Solo Flight

Self-Prepared	Reviewed	Date	Completed	Date

WINCH DRIVER

Name

Preparation

Three Glider Flights by Winch
Basic Theory of Winch Launching
Read Winch Operating Manual
Safety Precautions with Cables
Daily Inspection, Review Log Book
Towing Winch Behind Vehicle

Self-Prepared	Reviewed	Date	Completed	Date

Setup

Winch Setup on Field
Parachute and Strop Inspection
Cable Car Checks
Cable Car Driver Briefing

Self-Prepared	Reviewed	Date	Completed	Date

Authority and Responsibilities

Clear Area Around Winch
Liaison with Launch Point
No Passengers or Observers in Cab

Self-Prepared	Reviewed	Date	Completed	Date

Winch Driving

Winch Controls, Hand Locations
Throttle Guide, Use of Throttle
Radio Phraseology
Signal Lights + Glider Signals
Engine Temperature Management
Normal Launch Procedure
Cable Stopped Before Landing
Review of Emergency Stop
Rehearse Use of Guillotine
Solo in Cab

Self-Prepared	Reviewed	Date	Completed	Date

Handling Non-Normal Situations

Launching in Tail Wind
Launching in Cross Wind
Cable Retrieve After Failed Launch
Cable Loops, Check after Braking
Winch Power Failure: Simulated or Real
Cable Hang-up Procedure

Self-Prepared	Reviewed	Date	Completed	Date

Other Procedures

Cables Not Towed Out Straight
Cable Retrieve from Mid Field
Closing Down at End of Day
Reporting Winch Defects
Winch Refuelling

Self-Prepared	Reviewed	Date	Completed	Date

Maintenance and Repair

Cable Splice - Loop and In-Line
Change Broken Weak Link
Change Strops and Traces

Self-Prepared	Reviewed	Date	Completed	Date

3. CROSS COUNTRY PILOT

Name

Self-Preparation

Map Reading and Local Airspace
Hydration and In-Flight Relief
Parachute Use & Maintenance
Field Selection from Air (7S's)
Maintenance Manual and Rules

Self-Prepared	Reviewed	Date	Completed	Date

Aircraft Handling

Rig & De-Rig, Prep for Road Retrieve
Rapid Descent
Benign Spiral Mode
Safe Circling Against a Ridge

Circuit and Landing

Landing on Sloping Ground
Downwind Landing / Ground Loop
Reduce Speed on Stabilised Approach

Soaring Techniques

Accurate Centering Technique
Safe Gaggle Flying Etiquette
Factors Affecting Gliding Distance

Preparation for 50 km Flight

Soar/Land Decision-making, 3-2-1 Rule
Plan Route for 50 km Flight
Identify Landable Areas On Route
Operate GPS Navigation Device
Transponder Operation
Flight in Controlled Airspace

Study Course and Examinations

Human Factors and Flight Safety (HF)
Aviation Law and Rules (Law)
Meteorology for Glider Pilots (Met)
Air Navigation and Airmanship (Nav)
Radio Phraseology and Procedures (Rad)
Glider Technical Knowledge (Tech)

Study Guide	Date	Exam Pass	Date

Anticipation

Dual Flight in GNZ Competition
Dual Flight in Mountain Wave

Completed	Date

Almost There

Field Selection + Outlanding - Dual
Supervised Field Outlanding - Solo
25 hours as Pilot in Command
Flight Test for Passenger Rating
Cleared to Fly Cross Country

Self-Prepared	Reviewed	Date	Completed	Date

Solo Flight - 50 km between 2 points

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4. TASK PILOT

Name

Self Preparation

Hydration, Nutrition, Fatigue
Turnpoint Database, VNC Maps
FAI Badge Requirements, Task Rules
GNZ Contest Rules & Scoring System
Documents to be Carried in Aircraft
Retrieve Vehicle, Trailer, Crew
Visual Illusions and Deceptions

Self-Prepared	Date	Completed	Date

Aircraft Handling

Glider Preparation for Task Flying
Efficient Flying Techniques
Use of Water and Trim Ballast
Dual Aerotow

Circuit and Safe Landing

Landing with Many Gliders in Circuit
Cockpit Checks at Task End
Accurate Final Glide to Finish
Aerotow Retrieve after Out-Landing

Soaring Techniques

Using Convergences and Fronts
Optimal Cross-Country Speed
Dolphin Flight Along Energy Lines

Tasks and Navigation

Principles of Task Setting
Configure Nav Computer, Enter Task
Navigate to a Point using GPS
Start and Finish Options
Download and Review Flight Log
Upload Flight to On-Line Contest

Risk Management and Safety

Collision Avoidance Systems
Flight Following Procedures
Flying Open Class Gliders
Incident and Accident Reporting Rules
Just Culture & Attitude to Reporting

Anticipation

Rehearse Action in Event of Mid-Air
Rehearse Landing in an Emergency
Plan Actions After an Outlanding
Survival in Bush and Mountains
Rehearse Parachute Descent

Almost There

Complete a Task at a GNZ Contest
Gold Distance Flight 300 km

5. ALPINE PILOT

Name

Self Preparation

Attend Course in Mountain Flying
Attend Hypobaric Chamber Course
High Altitude Physiological Effects
Oxygen Systems and Handling
Cockpit Security In Turbulence
Impact of Temperature on Glider
Wave and Convergence Theory
Altitude AMSL vs Flight Level

Self-Prepared	Date

Completed	Date

Aircraft Handling

Launching in Wave Conditions
Don't Hit The Mountain - Review
Turbulence / Unusual Attitude Recovery
IAS / TAS / Overspeed / Flutter

Circuit and Safe Landing

Assessing Valley Winds for Landing
Avoiding Turbulent Landing Areas
Securing Glider on Ground in Wind

Soaring Techniques

Flight Close to Ridge in Anabatic Lift
Locating Thermals in the Mountains
Finding and Using Mountain Wave
Jumping Wave Lines - Fwd/Back
Safe Techniques for Crossing Saddles
Using Convergences in Mountains
Climbing in Rotor Under a Wave

Navigation and Instruments

Identifying Alpine Landing Areas
Airspace Use in Strong Climb/Descent
Battery Performance at Low Temp
Preventing Instrument Problems
MBZ Areas, Common Landmarks
Flight Following and Being Traced

Things to Think About

Inadvertent Entry into IMC
Collision Risk on Energy Lines
Battery Fail in Controlled Airspace
Airbrakes Jammed Open or Closed
Transponder Emergency Codes
Hypoxia, Hyperventilation Checks
Water Ballast Under Icing Conditions
Survival Equipment and Plans
Other Traps in Alpine Flying

Solo Alpine Flight to Aoraki / Mt Cook

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2. SOARING PILOT

Name

Self-Preparation

Responsibilities of Pilot in Command
Human Factors 2: Attitude to Risk
Daily Inspection Approval
Glider Flight Manual
GNZ Manual of Approved Procedures
Radio Phraseology and Use
Operator Maintenance Permitted
Local Landmarks within 10km

Self-Prepared	Reviewed	Date	Completed	Date

Aircraft Handling

Lookout - Consistent and Effective Scan
360° Turns at 45° Bank
Review of Slip, Skid, Yaw
Use of Camber-Changing Flaps
Flight at Higher Speeds, Polar Curve

Circuit and Landing

Circuit - Steady Speed (±3 kts)
Side-Slip on Approach, Slipping Turn
Cross-Wind Landing
Strong Wind Landing
Factors Affecting Landing Distance

Minimum Speed, Unusual Attitude

Wing Drop Stall Consolidation
Full Spin Consolidation
Review Spin vs Spiral Dive
Lazy Eight Manoeuvre

Launch Review & Consolidation

Aerotow - Consolidation
Aerotow - Signals and Emergencies
Winch - Consolidation
Winch - Signals and Emergencies

Soaring Techniques

Conditions for Soarable Weather
Thermal Techniques
Ridge Techniques
Wave Techniques
Cloud Hazard

Anticipation

Dual Cross-Country Flight
Simulated Out-Landing

10 Oral Questions Answered

Convert to Single Seat Glider
Cleared Off Check Flights

Solo Soaring Flight 90 Minutes