

GLIDING INSTRUCTOR: SYLLABUS OF TRAINING

1. The Trainee Instructor shall receive instruction in accordance with the following sections that form this appendix:
 - (a) Instructional Techniques Theory
 - (b) Ground Instructional Techniques Training Syllabus
 - (c) Airborne Instructional Techniques Training Syllabus

2. Completion of training is to be recorded on the appropriate sheets. Instructor Trainers shall initial in the “Brief” column when the item is first briefed, taught or demonstrated. The “Comp” column is initialled and dated by the Instructor Trainer when the trainee is considered competent. On completion of the relevant training, logbook endorsements are to be used by the Instructor Trainer to state what exercises the instructor is qualified to provide instruction in.

3. The attached sheets form the Instructor’s training record and instructors under training are responsible for maintaining their own sheets until they are completed and handed to their CFI for record keeping purposes. (For more information on retention of training records, see paragraph 8 on page 19.)

4. Candidates are required to have a broad knowledge of, the following:
 - (a) The Civil Aviation Act, 1990, the Civil Aviation Rules and the GNZ MOAP relating to the operation of gliders and powered gliders, including pertinent air traffic service practices and procedures.
 - (b) The principles of aeronautical charts.
 - (c) The principles of aeronautical meteorology including factors affecting glider flying.
 - (d) The principles of theory of flight and glider limitations.
 - (e) The principles of glider construction.
 - (f) Safety practices and emergency procedures relevant to gliding operations.
 - (g) Human Factors relating to the operation of gliders.
 - (h) Theory of learning, ground instruction and airborne instructional techniques.
 - (i) The role and responsibilities of gliding instructors.

**INSTRUCTOR TRAINING SYLLABUS
INSTRUCTIONAL TECHNIQUES THEORY**

Name: _____

Affiliate: _____

Trainers: Initial in “Brief” column when topic is first briefed, taught or demonstrated. Initial in “Comp” column and put date when Trainee Instructor has demonstrated a satisfactory understanding of the topic and can apply the skills in an effective manner.

	Brief	Comp	Date		Brief	Comp	Date
Administration				Airborne Instructional Technique (IT)			
Training requirements				Handover / takeover of control			
Use of this training record				Following through			
				Showing			
Learning Theory				Demonstration			
How people learn				Teaching			
Principles of instruction				Student practice			
Instructional techniques				Fault analysis			
Effective communication				Remote Instruction Techniques			
Barriers to communication				Pair flying			
Lesson planning				Lead / follow techniques			
Briefings				Debriefings			
Do's and Don'ts				Do's and Don'ts			
Pre-flight briefings				Post flight debriefings			
				Providing motivation			
Use of Training Aids (see Note 1 below)				Instructor Responsibilities			
- blackboard				Limits of rating held			
- whiteboard				Role model			
- magnetic board				Supervision			
- overhead projectors (OHP)				Making logbook entries			
- slides				Discipline			
- video				Instructional Techniques for Check Flights			
- notes / diagrams				Conduct and techniques			
- models				Assessing pilots			
- computers				Further training			

Note 1. It is not necessary for a new instructor to complete training in the use of all aids listed. They should be proficient with the use of sufficient training aids to complete the training exercises their Instructor Category allows

**GROUND INSTRUCTIONAL TECHNIQUES
TRAINING SYLLABUS**

Name: _____

Affiliate: _____

Trainers: Initial in “Brief” column when topic is first briefed, taught or demonstrated. Initial in “Comp” column and put date when Trainee Instructor has demonstrated a satisfactory understanding of the topic and can apply the skills in an effective manner.

	Brief	Comp	Date		Brief	Comp	Date
Teaching The Ground Training Exercises							
Use of Training Record				Airfield familiarisation			
Use of logbook				Timekeeping			
Daily club operations routine				Intro to use of radio			
Removal of gliders				Safety on the airfield			
Cleaning gliders				1st aid / Fire / Accident plan			
Ground towing / handling				Launch procedures			
Securing / picketing gliders				Refuelling procedures			
Rigging and de-rigging				Overview of GNZ			
Intro to Daily Inspection (DI)				Intro to Club Rules			
Local airspace				Intro to the MOAP			

**AIRBORNE INSTRUCTIONAL TECHNIQUES
TRAINING SYLLABUS**

Name: _____

	Brief	Comp	Date		Brief	Comp	Date
Teaching Air Experience / Familiarisation Flying				Teaching Circuits			
- Glider familiarisation				- Wind assessment			
- Fitness for flight (I'M SAFE)				- Safe speed near the ground			
- Strapping in and comfort				- Joining			
- Local area famil/orientation				- Pre-landing checks (SUFB)			
- Pre t/o checks (CB SIFT BEC)				- Downwind / base leg			
- Lookout / scanning intro				- Final approach / aim point			
				- Flare / landing			
Teaching Use of Flying Controls				- Bounce recovery			
- Handing/taking over control				- Correcting if low			
- Principles of flight				- Correcting if high			
- Effects of control (Primary)				- Landing in crosswind			
- Effects of control (Secondary)				- Baulked approach			
- Turns (up to 30° A o B)							
- Straight and Level				Teaching Situational Awareness			
- Use of trim				- Lookout / scanning			
- Use of airbrakes				- Collision avoidance			
				- Right of way / etiquette			
Teaching Aerotow Launch				- Use of radio			
- Launch procedure							
- Ground roll				Teaching Stalling			
- Lift off / initial position				- HASELL checks			
- Normal high tow position				- Reduced G famil			
- Release				- Slow speed handling			
- Out of position recovery				- Stall recognition/recovery			
- Launch in crosswinds				- Stall avoidance			
- Launch failure demo				- Stall with brakes out			
				- Stall in a turn			
Teaching Wire Launch				- Incipient spin & recovery			
- Launch procedures				- Full spin & recovery (demo)			
- Ground run & lift-off				- Spiral dive & recovery			
- Rotation and safety climb							
- Full climb				Teaching Non-Normal Situations			
- Top of climb / release				- Low acceleration on takeoff			
- Signals / calls for speed				- Brake out signal			
- Launch in crosswinds				- Wave off signal			
- Launch failure recovery				- Release hang-up			
				- Aerotow upset			
Sending Pupils Solo				- No instrument circuit			
- Medical requirements							
- Responsibilities as PiC							
- Handling & performance							
- 3 safe solo flights							
- Oral question exam to Ac2-03							
- Filing syllabus forms							

**AIRBORNE INSTRUCTIONAL TECHNIQUES
TRAINING SYLLABUS (CONTINUED)**

Name: _____

	Brief	Comp	Date		Brief	Comp	Date
Teaching Circuit Consolidation				Teaching Thermal Soaring			
- Cross-wind circuits				- Lift sources / types			
- High wind circuits				- Entry / exit			
- Wind gradient/turbulence				- Centering techniques			
- Joining variations				- Min sink / max L/D			
- Steep / shallow approaches				- Rules / etiquette			
- Landing performance				- Speed / AoB			
- Simulated out landing				- Use of varios			
- Use of radio				- "Safe gliding distance"			
Teaching Stalling Consolidation				Teaching Ridge Soaring			
- Review of symptoms				- Mountain / ridge safety principles			
- In turns				- Rules / etiquette			
- In approach configuration				- Optimum speed / height			
- Effect of slip / skid				- Turbulence / gust stalling			
Teaching Spinning				- Cloud formation / avoidance			
- Causes				- Visual illusions			
- Recognition				Teaching Type Conversions			
- Recovery				- Flight manual review & DI			
Teaching Spiral Dives				- Aircraft & cockpit famil			
- Recognition				- Handling exercises			
- Recovery				- Rig / Derig			
Teaching Handling Exercises				Teaching Non-normal Situations			
- Steep turns				- Brakes jammed open			
- Side slipping - straight				- Brakes jammed closed			
- turning				- Flight in rain			
- brakes out				Teaching Incident Reporting Procedures			
- Manoeuvring up to V _R				- Requirements for reporting			
- Low aerotow position				- How to report			
- Boxing tow slipstream				- Follow-up action			

- 30 minute soaring flight			
- DI practical			
- Oral question exam to AC2-03			

**AIRBORNE INSTRUCTIONAL TECHNIQUES
TRAINING SYLLABUS (CONTINUED)**

Name: _____

	Brief	Comp	Date		Brief	Comp	Date
Teaching Cross-country Soaring				Teaching Rapid Descents			
- Weather appreciation				- Controlled spiral			
- Improving climb performance				- Use of brakes / flaps			
- Speed to fly							
- Glider preparation				Teaching Final Glides To Circuit Height			
- Personal preparation				- Review of glide performance			
- Maps / airspace				- Effect of lift / sink			
- Airborne navigation				- Effect of wind			
- Use of GPS (as applicable)				- Action if low on glide			
- Turnpoint turns				- Action if high on glide			
- Flight in controlled airspace				- Ht loss / dist flown / 1000'			
- Position reporting				- Radio procedures			
- Lost procedure				- Circuit joining			
Teaching Outlandings				Teaching Non-normal Situations			
- Decision making				- Loss of canopy			
- Field selection (6 S's)				- Mid air collision			
- Circuit planning				- Bale out / use of parachute			
- Correcting High / Low circuit				- Inadvertent IMC			
- Landing on sloping ground				- Flutter			
- Outlanding dual / solo				- Control malfunction			
				- Ground looping			
Teaching Retrieves				Teaching Flying With Passengers			
- By road - trailer towing				- Rules / responsibilities			
- Aerotow - rules				- Briefing passengers			
- briefing				- Orientation			
- x/c towing				- Rapid descents			
- descent on tow				- Front seat considerations			
				- Back seat considerations			
Teaching Flying At High Speeds				- Air sickness			
- Effects of controls							
- Rough air							
- Flight at V _{NE}							
- Use of airbrakes							

QGP			
- Min requirements for XCP			

**AIRBORNE INSTRUCTIONAL TECHNIQUES
TRAINING SYLLABUS (CONTINUED)**

Name: _____

	Brief	Comp	Date		Brief	Comp	Date
Teaching Badge Flying				Teaching Aerobatics			
- Sporting code				- Rules			
- Task selection				- Glider limitations			
- Planning & map preparation				- Human G tolerance			
- Declaration				- Glider preparation			
- Barographs & cameras				- Unusual attitudes / recovery			
- 2 hour flight				- Wingover			
- 3 hour flight				- Chandelle			
- 4 hour flight				- Loop			
- 50 km cross-country (x/c)				- Stall turn			
- 100 km x/c task				- Half roll			
- 200 km x/c task				- Barrel roll			
- Height gains				- Inverted flight			
Teaching Competition Flying				Teaching Display Flying			
- Crewing				- Rules			
- Race tuning / ballasting				- Fitness / attitude			
- Gridding and launch				- Site/sequence planning			
- Start procedures / tactics				- Energy management			
- Navigation / deviations				- Low level clearance			
- Turnpoints				Teaching Instrument Flying			
- Decision making / risks				- Rules / airspace			
- Competition finishes				- Inst theory / limits / failures			
- Heat stress / dehydration				- Scanning / S&L / turns			
- Fatigue				- Human balance system			
Teaching High Altitude Soaring				Teaching How To Perform Functional Check Flights			
- Conditions for wave				- Pre-flight preparation			
- Launch in wave conditions				- Flight manoeuvres			
- Soaring rotor				- Post flight reporting			
- Crossing waves				Teaching Multiple Towing			
- Cloud formations / gaps				- Performance requirements			
- IAS/TAS/flutter/turbulence				- Briefing / set up / signals			
- Airspace				- T/O initial tow position			
- Navigation				- High / low position on tow			
- Hypoxia / hyperventilation				- Release			
- Oxygen systems				- Non-normal situations			
- Effects of reduced pressure				- Cleared for short rope			
- Cold stress / hunger stress							
- Vision							
- Cold soak considerations							
- Carriage of passengers							
Teaching Formation Flying							
- Rules / briefings							
- Station keeping							