

AGC Weekly News

12-13 February

Weekend Roster

Saturday

Tug Pilot: Ben Duthie-Jung
Instructors: Jonathon Cross, Graham Cochran
Duty Pilot: Lois Kok

Sunday

Tug Pilot: Dion Manktelow, James Bassett
Instructors: Norm Duke, John Robertson
Duty Pilot: Matt Findlay

Weather Outlook

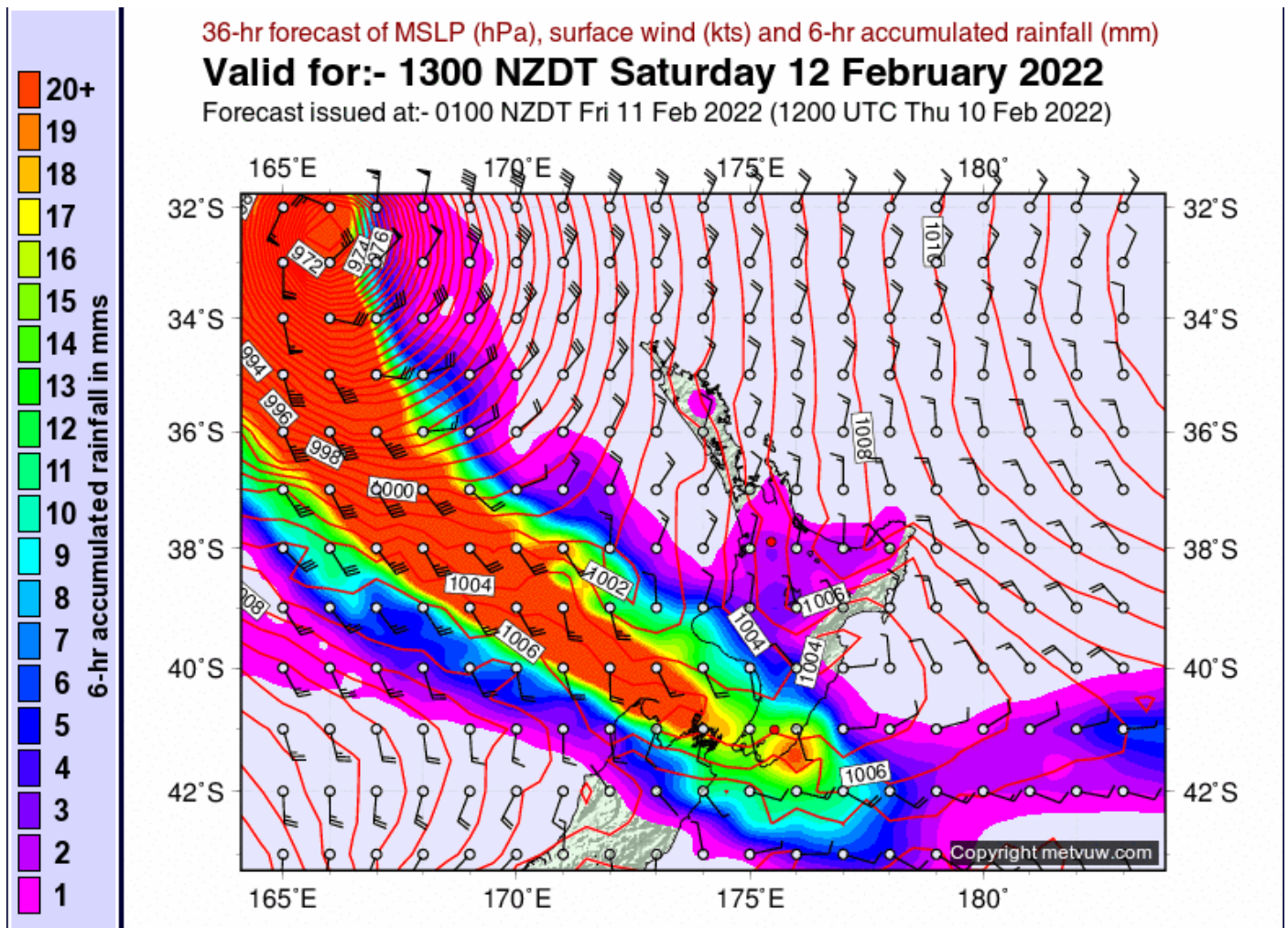
Russell Thorne

I have a weather watch on for the weekend with northerly winds forecast. A decision will be made later this evening and any existing bookings will be contacted by email.

The forecast weather chart for 1pm Saturday is shown here, and shows that the rain band also

just covers the South Auckland region with winds in the 20kt area.

Any queries about the weather to me via email or phone before leaving home, cfi@glidingauckland.co.nz 09 2998798





I'm sure America is rather similar to Australia, sun protection in our game is paramount to be able to enjoy a long and happy life of gliding. It's a very important consideration for the pilot's wellbeing, the UV levels on average and above days can be extreme. In Australia, there has been an advertising campaign for as long as I can remember, slip, slop, slap & slide!

Slip - on sun protective clothing

Long sleeve shirts and trousers are a must, not only does it protect us from the sun, but it can also aid pilot comfort on those days when we are high altitude flying, 12,000' or higher. Often at these altitudes we can experience temperatures that are 25 degrees cooler than what we took off with, add to that, circling under a large cumulus or hours at high altitude running cloud streets, it's enough to make us shiver and become rather uncomfortable. You can imagine this rings true too because of how little movement we have in a glider cockpit. When we are cold, it's a distraction to us, poor decisions can be made which can ultimately affect the whole flight. One final addition, simple cotton gloves that cover only the tops of your hands with your fingertips exposed are a good idea, this part of your body is heavily exposed to the elements too!

Slop – on some sunscreen

Generous amounts of sunscreen should be added to your exposed skin, namely the face, back of the ears, chest. If you're flying in shorts & t-shirt for the day unlike the recommendation above, be sure to put some on your hands, arms, and legs. Though be careful, with the forehead &/or eyes, perspiring and having the sunscreen in your eyes is rather uncomfortable, causing irritation, which as a result can become both dangerous to you and the gliders nearby...

Slap – on a hat

Always, always, wear a broad-brimmed hat, this will give you the most amount of shade/protection to your head, giving you comfort and a quicker recovery from the lost fluids during the flight in the afternoon. Baseball caps are a bad idea, for a few reasons. With the typically long brim out front, it can restrict your head movement, ie lookout! The other reason is the stub on the top of the hat has been known to crack a lot of canopies in the past, these cost either you or club a lot of money!

Slide – on some sunglasses

Wearing a set of high-quality sunglasses has a few reasons behind them, not only do they protect your eyes from the elements, they help spot other

gliders because of the contrast, & they can also help you see 'haze domes' on the blue days – in short, to see where the clouds would normally be if there was just that little more moisture in the air. Getting sunglasses with wavelengths under 500 nanometers means that you'll be blocking out the

blue, with the green, red, and yellows being attenuated, providing excellent UV protection and a sharper image – perfect for soaring & seeing other gliders! Another favourite of mine is a rose coloured lens, for me, it shows a great definition of the cloud, which in turn helps me find thermals.




More Weekend Weather

Submitted by Gerard Robertson

Hunua

10 February 2022

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Severe Weather Watch

Friday 11 FEB		Hot, humid, and cloudy. Light rain at times. Northeasterlies.	<div style="background-color: #e53935; color: white; padding: 2px 5px;">▲ 26°C</div> <div style="background-color: #1a3d54; color: white; padding: 2px 5px;">▼ 23°C</div>
Saturday 12 FEB		Mostly cloudy. Areas of drizzle, mainly in the morning and evening. Hot and humid. Northeasterlies.	<div style="background-color: #e53935; color: white; padding: 2px 5px;">▲ 27°C</div> <div style="background-color: #1a3d54; color: white; padding: 2px 5px;">▼ 24°C</div>
Sunday 13 FEB		Mostly cloudy. A few showers. Hot and humid. Northerlies, gale in exposed places.	<div style="background-color: #e53935; color: white; padding: 2px 5px;">▲ 27°C</div> <div style="background-color: #1a3d54; color: white; padding: 2px 5px;">▼ 17°C</div>