

# AGC Weekly News

The weekly newsletter of the Auckland Gliding Club at Drury, Auckland

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## Weekend Roster

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### Saturday

Tug Pilot: John Bongrain, Dion Manktelow  
 Instructors:  
 Duty Pilot: Jonathan Ash  
 Winch Driver: Keith Annabell

### Sunday

Tug Pilot:  
 Instructors:  
 Duty Pilot: Keith Macy  
 Winch Driver: Hugh Warren

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## Club Gliders in Club Class Nationals Matamata 3-12 February 2023

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Following on from the short Auckland Soaring Championships, the next opportunity for club members interested in competition flying is at Matamata for the Club Class Nationals from February 3-12 February 2023. See <https://gliding.net.nz/events/bid-for-2022-2023-club-class-nationals-feb-2023>

For cross country flying in DX on the whole contest, or individual days, interested pilots

should apply to [cfi@glidingauckland.co.nz](mailto:cfi@glidingauckland.co.nz) and copy to [committee@glidingauckland.co.nz](mailto:committee@glidingauckland.co.nz) for consideration.

The DG303 is already booked, however the Discus2 or a PW5 is still available to be flown at this event.

Regards,  
 Russell

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## G.Dale YouTube Videos

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If you are like me, watching the rain coming down and thinking what I can do to improve my cross country speed, you can do no better than watch a G.Dale YouTube video to remember what it was like in the good conditions.

For those who have not met him, or seen a presentation of his, or read his "Soaring Engine" series of books - he has a very easy style to learn soaring from, in all its forms.

Here are some of his videos where he discusses Thermals and how to fly between them, using various types of vario settings and using energy lines within a narrow window of your required track. I recommend these videos on this common link - it's better than watching the rain come down.

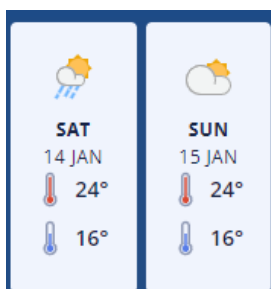
<https://chessintheair.com/thermals/>

Regards,  
 Russell

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## Weekend Weather

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Saturday: Partly cloudy with isolated showers. Light winds and afternoon sea breezes.

Sunday: Mostly cloudy with isolated showers, clearing to fine in the afternoon. Easterlies.



**Scottish Gliding Centre**

@scottishglidingcentre2349

183 subscribers

<https://www.youtube.com/@scottishglidingcentre2349>

[https://www.youtube.com/results?search\\_query=esssex+and+suffolk+gliding+club+](https://www.youtube.com/results?search_query=esssex+and+suffolk+gliding+club+)

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***When the skies open, so do the trailers***

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Photo from Gerard

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## POST FLIGHT LEARNING

By Adam Wooley (Courtesy Wings & Wheels)

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What do you think about on the drive home after an enjoyable day's soaring? Is it about the family and all the things you need to do at home, the coming week's work, or the party you're going to tonight? All things that need to be thought about and rather normal, but if you really want to make progress in your soaring career, then you should ask yourself, what did I learn today?

### **Learning from Mistakes**

As you know, gliding is mostly a mental sport, which means that we need to put a little thought into the mind. You probably did many things well during today's flight, but what about the not-so-good things? Have you already put them aside, or are you willing to front them so you don't repeat the same mistakes twice? Making mistakes is human nature, learning from the mistakes of others is important too, but there are big learnings in making mistakes of your own, analysing, then locking in the lessons.

### **The Good**

We often pat ourselves on the back for doing something well, which is all fine and well, as long

as we also learn from it. Why did your day, flight, or decisions at particular times go well? Perhaps it was your nutrition for clear thinking, or you identified a drier patch of ground along your route that others hadn't, or you realised that the thermals were really strong at altitude and focused on staying high at all costs.

### **The Bad**

But what about the poor things? Maybe you are an early solo student, two of your friends thermalled away from the airfield seemingly effortlessly, but you took three attempts and still only did circuits. Was your failure because of bad luck and you've made up your excuses to help forget about it? Or are you going to be real and honest with yourself, you were relying on luck rather than good management. On your drive home, this is the perfect time to reflect on your flights. Perhaps you might realise that you didn't have a plan when you took off, that you didn't realise that the thermals were slightly downwind of the likely trigger points. Remember, your flights serve no purpose at all, if you haven't thought about the good and bad points of the

flight, these crucial lessons will be removed from your memory. This is one of the reasons why I run my facebook page, @Adam Woolleys Gliding Adventures – it's a tool for me to debrief my own flights, to share my experiences so others can learn, whether they be good or bad experiences. I use my driving time to dream up soaring scenarios, to prepare my mind for the days flying, and of course, as my own personal self-reflection time, be honest with yourself!

### Take Action

The learning process doesn't have to be only related to flight, what if you were having issues with concentration or fatigue on the way home? How much water did you drink today, what did you eat, have you eaten? Perhaps it's dehydration and poor nutrition as the reason.

Time to pull over, get the CamelBak out and have a drink, finish off that banana that you didn't eat. Reassess, did your energy levels return for the rest of the drive home? If so, then take this as a lesson. How can I implement this into the cockpit so I don't forget? Perhaps buy a simple timer set to alert every 30 minutes, put a post-it note on the panel, or set up the alert function on your LX90XX to say, 'Eat, drink, think clearly'.

Make every flight count for something with good debriefs on the drive home, it's another wonderful way to continue to enjoy this wonderful sport of ourselves, and to always strive for better, further, faster, and higher!

*Banner photo by Holger Weitzel, aufwind-luftbilder.de*

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## Members' Small Ads

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**PW5 KF for sale.** Current Annual until Dec 2022. Ready to fly. Approx 800 hours flying. Radio, altimeter, airspeed indicator, electric and mechanicals varios. Includes open trailer. Also Includes free use of hangar space at Drury until 31 Oct, 2022, if required. **Priced to sell at \$8,000.** Ideal for single ownership or cheap syndicate. Reason for sale is that glider is surplus to requirements. Phone Murray on 0275 875 438



(file photo only)

**One share for sale in Grob G109 (ZK-GOC).** Touring type motor glider in excellent condition. Upgraded with Limbach L 2400, so has much better take off performance than the standard G109. **Price for share is \$15 000.00.** Contact Russell Jones on 021 180 5544 or email [russell.jones@orcon.net.nz](mailto:russell.jones@orcon.net.nz)

## Roster

	Instructor 1	Instructor 2	Tug Pilot	Duty Pilot	Winch Driver
<b>Jan 2023</b>					
Sat 21			TBA	Kevin Johnson	
Sun 22			Pat Driessen, Brett Nicholls	Lance Feldwicke	Paul C
Sat 28			Andy Campbell, TBA	Lois Kok	
Sun 29			TBA	Matt Findlay	
<b>February</b>					
Sat 4			John Bongrain, TBA	Matt Kerrigan	Keith A
Sun 5			TBA	Nathan Montano	Bradley
Sat 11			TBA	Peter Wooley	
Sun 12			Pat Driessen, Brett Nicholls	Patrick Lalor	Grahame
Sat 18			TBA	Peter Himmel	
Sun 19				Tristan Harvey-S	Paul C
Sat 25				Wolfgng Schenk	
Sun 26				AJ Dudley	Bradley
<b>March</b>					
Sat 4				Allen Pendergrst	
Sun 5				Dylan Watson	
Sat 11				Frank Excell	
Sun 12				Geoff Green	
Sat 18				Geoff Gaddes	
Sun 19				Georgia Schofld	
Sat 25				Gerard Robertsn	
Sun 26				Caleb Rosvall	